

# Oh, SNAP!

## Student Nutrition Awareness Program



Hi! My name is Shirley Tam. I'm your SNAP Coordinator for 2011-2012!



Hi! I'm Jennifer Green, the Assistant SNAP Coordinator!

We are senior Applied Human Nutrition students. We eat on campus everyday - just like you!

### Save Money with SNAP's...

### Breakfast Energy Card & Fruit Card

Receive 1 stamp when you choose 2 or more breakfast items listed on the back of the card between 7:30 am - 11 am.

Purchase whole fruit or cut fruit from the salad bar & receive 1 stamp!

**One full card = FREE FOOD!**



### CONTACT US!

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We're on Facebook!  
**SNAP at U of Guelph**

### OUR GOALS

- Encourage students to develop healthy eating habits
- Promote healthier food choices on campus

### WHAT WE DO

- Displays in all the dining halls
- Fun events & games
- Educational pamphlets & resources
- Entertaining presentations
- Tips on Healthy eating
- Money-saving Fruit & Breakfast Cards
- SNAP-Approved Dinners

### GET SPOTTED...

... using your Fruit & Breakfast cards during our **SNAPPY Spotter Challenge** events for a chance to **WIN PRIZES!**

